



**SPARKLING NATURAL
PREBIOTIC SODA**

**A SODA INFUSED WITH REAL
FRUIT AND ORGANIC APPLE
CIDER VINEGAR**



THE BEGINNING

Michael Dunne's journey to create Heal Thy Soda began with a desire to offer a healthier alternative to traditional soft drinks. Drawing inspiration from his childhood, where sugary beverages were a rarity, Michael wanted to share a beverage that not only tasted good but also nourished the body.

As a skilled chef, he experimented with various ingredients including organic apple cider vinegar to develop a sparkling drink that encapsulated the essence of a classic soda without compromising on health. By meticulously selecting natural components and steering clear of artificial additives, Michael was able to create a beverage that not only quenches thirst but also supports overall well-being.



EXPERIENCE THE DIFFERENCE . . .

HEALTHIER

Our healthier soda is a refreshing alternative to traditional sodas. By omitting sugar, colorings, and flavorings, and adding organic apple cider vinegar, we've created a beverage that is not only delicious but also better for your overall well-being.

TASTIER

A refreshing and natural beverage option that is free from artificial flavors and colours. With each sip, you can enjoy the true essence of the fruits we carefully select for our recipes. Experience the difference in every bottle of our fruit-infused soda and savor the authentic taste of nature in every bubbly sip.

HAPPIER

Indulge in the crisp and delicious taste of our soda, knowing that you won't have to worry about experiencing a sugar crash. So go ahead, take a sip, and let the delightful flavors brighten your day without any guilt.



WHY HEAL THY SODA?

At Heal Thy Soda, we pride ourselves on providing a refreshing beverage option that is not only delicious but also free from artificial additives.

By using only 100% real fruit to infuse our sparkling sodas, we offer a natural and healthier alternative to traditional sodas for people who are sensitive to additives.

We preserve our beverage using raw organic apple cider vinegar, reminiscent of traditional methods, to incorporate the health benefits of this superfood into our diet.



+ Healthy alternative to soft drinks

+ Only 4 ingredients

+ 100% Real fruit

+ Apple Cider Vinegar with mother

Health benefits

- ACV assists insulin sensitivity during high carb meals by up to 19-34%, reducing insulin spikes **
- Contains enzymes from Mother in ACV and potassium are known to increase energy *
- Reduces blood lipids that may contribute to high cholesterol *
- Lowers blood glucose and insulin responses



ORGANIC APPLE CIDER VINEGAR

By sourcing the finest Australian-made organic apple cider vinegar, we are not only prioritizing quality and taste in our beverage, but we are also contributing to the sustainability of our local agricultural community.

Supporting our local farmers is a core value for us, and we are proud to play a part in promoting the growth and success of Australian agriculture. The careful selection of ingredients is just one way we strive to create a product that not only tastes great but also embodies our commitment to quality, ethics, and community.

OUR FLAVOURS...



Raspberry & Rose

Picture yourself tumbling into a fragrant field of blooming roses, and now, with your eyes closed, take a sip of this heavenly fusion. The gentle, sweet tones will transport you to a haven of springtime. Share it with your squad on a blissful sunlit picnic - **Try mixing with vodka.**



Pineapple Lime & Mint

Sip on the heavenly concoction of tangy pineapple, aromatic mint, and a spritz of lime, all blended together like the perfect mojito. With every sip, it's as if you're jetting off to a lavish Mexican pool party - **Try mixing it with white rum.**



Passion Fruit, Peach & Berry

Get ready to unleash your inner kiddo with our passionfruit soda! We've cranked up the flavor by adding a splash of raspberries, and brought it to the next level with some seriously juicy golden Australian peaches. With every sip, you'll be transported back to the good old days of running wild in grandma's backyard

Try mixing with vanilla vodka



Ginger Lime & Lemongrass

Get set for a wild ride full of flavor with this exotic take on ginger beer! Lemongrass brings an aromatic pop to the fiery kick of ginger, while a splash of lime juice zips you away to an Asian wonderland. Your taste buds will be begging for more! **Try mixing with spiced rum**





HEALTHY
soda

®

REAL FRUIT
REAL TASTE
NO NASTIES

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